

**2016 W&L TRACK & FIELD CARNIVAL**

Lexington, VA  
 Washington and Lee University  
 March 18, 2016



**OFFICIAL MEET REPORT**  
 printed: 3/19/2016 5:29 PM

# RESULTS

**#19 Women's 100 Meters**

# Carnival	12.23		
\$ ODAC	11.98		
Pl Name	Team	Time	H (Pl)
1 LEE, Dana	Washington and Lee	12.72 (-0.5)	1 (1)
2 WANNER, Heather	Alvernia	13.18 (-0.5)	1 (2)
3 FLIM, Marissa	East Stroudsburg	13.26 (-0.5)	1 (3)
4 BRAGA, Skylar	Case Western	13.26 (-0.5)	1 (3)
5 FRY, Melanie	Misericordia	13.27 (-0.2)	2 (1)
6 COLBERT, Hannah	Virginia Tech Running	13.37 (-0.2)	2 (2)
7 BELIN, Maya	Goucher	13.44 (-0.2)	2 (3)
8 DEAN, Leiana	East Stroudsburg	13.52 (-0.5)	1 (5)
9 UNGRADY, Molly	Washington and Lee	13.58 (NW)	3 (1)
10 WELCH, Monique	Goucher	13.59 (-0.2)	2 (4)
11 JAMES, Jerilyn	Carnegie Mellon	13.61 (-0.2)	2 (5)
12 PEACOCK, Alison	Washington and Lee	13.84 (NW)	3 (2)
13 MILLS, Shakira	Virginia Wesleyan	13.86 (-0.5)	1 (6)
14 BARSZOWSKI, Alyx	East Stroudsburg	13.92 (NW)	3 (3)
15 WARLICK, Keturah	Bluffton	13.99 (NW)	4 (1)
16 PHILSON, Jada	Virginia Wesleyan	14.07 (+0.4)	6 (1)
17 DIXON, Ayanna	Shenandoah	14.20 (+0.4)	6 (2)
18 MCNAMEE, Kayla	Alvernia	14.35 (NW)	3 (4)
19 LEYDEN, Ashley	Case Western	14.49 (+0.3)	5 (1)
20 CALLUENG, Lauren	Alvernia	14.68 (NW)	4 (2)
21 CARROLL, Shannon	Case Western	14.69 (+0.3)	5 (2)
22 BROWN, Sonia	Alvernia	14.87 (+0.4)	6 (3)
23 HARGREAVES, Brooke	Shenandoah	14.99 (+0.4)	6 (4)
24 GRAY, Sara	Alvernia	15.05 (+0.3)	5 (3)
25 BELLEFLEUR, Jenny	Mansfield	15.25 (-0.2)	2 (6)
26 LEGER, Noreen	Alvernia	16.05 (+0.3)	5 (4)

**#23 Women's 200 Meters**

# Carnival	24.88		
\$ ODAC	24.17		
Pl Name	Team	Time	H (Pl)
1 CLARKE, Oniesha	Misericordia	25.92 (-0.1)	1 (1)
2 LEE, Dana	Washington and Lee	25.97 (-0.1)	1 (2)
3 NEWMAN, Olivia	Case Western	27.04 (-0.1)	1 (3)
4 DEGRAEF, Demi	Alderson Broaddus	27.06 (-0.9)	2 (1)
5 WANNER, Heather	Alvernia	27.22 (-0.1)	1 (4)
6 COLBERT, Hannah	Virginia Tech Running	27.73 (-0.1)	1 (5)
7 UNGRADY, Molly	Washington and Lee	27.98 (NW)	3 (1)
8 FRY, Melanie	Misericordia	27.99 (-0.1)	1 (6)
9 BRAGA, Skylar	Case Western	28.06 (-0.9)	2 (2)
10 JAMES, Jerilyn	Carnegie Mellon	28.33 (-0.9)	2 (3)
11 PEACOCK, Alison	Washington and Lee	28.51 (NW)	3 (2)
12 CASALNOVA, Abby	Case Western	28.59 (-0.1)	4 (1)
13 WARLICK, Keturah	Bluffton	28.99 (-0.9)	2 (4)

**#23 Women's 200 Meters (cont'd)**

Pl Name	Team	Time	H (Pl)
14 HAIR, Autumn	Carnegie Mellon	29.02 (-0.1)	4 (2)
15 DZIK, Rachael	Alvernia	29.23 (-0.3)	5 (1)
16 HARKER, Emily	Case Western	29.29 (-0.3)	5 (2)
17 TAYLOR, Rolonda	Virginia Wesleyan	29.50 (-0.9)	2 (5)
18 CARROLL, Shannon	Case Western	29.65 (-1.1)	6 (1)
19 VALKOS, Megan	Alderson Broaddus	29.87 (-0.1)	4 (3)
20 KRULL, Hannah	Bluffton	29.91 (-0.1)	4 (4)
21 BOWERS, Brittany	Shenandoah	30.40 (NW)	3 (3)
22 BROWN, Sonia	Alvernia	30.44 (-1.1)	6 (2)
23 SWANSON, Emily	Carnegie Mellon	30.79 (-0.3)	5 (3)
24 MILLS, Shakira	Virginia Wesleyan	30.95 (-0.9)	2 (6)
25 FARBER, Sommer	Carnegie Mellon	31.09 (-1.1)	6 (3)
26 HARGREAVES, Brooke	Shenandoah	31.14 (-1.1)	6 (4)

**#17 Women's 400 Meters**

# Carnival	56.84		
\$ ODAC	54.78		
Pl Name	Team	Time	H (Pl)
1 COOK, Sarah	Carnegie Mellon	59.27	1 (1)
2 NEWMAN, Olivia	Case Western	59.41	1 (2)
3 BHANJA, Debarati	Carnegie Mellon	1:00.94	1 (3)
4 DEGRAEF, Demi	Alderson Broaddus	1:01.95	2 (1)
5 CASALNOVA, Abby	Case Western	1:02.67	3 (1)
6 FAIRCHILD, Mary	Misericordia	1:02.87	1 (4)
7 WILLIS, Alyssa	Virginia Wesleyan	1:03.88	3 (2)
8 FARRONI, Kara	Washington and Lee	1:04.04	2 (2)
9 KLEIN, Haylie	Case Western	1:04.43	4 (1)
10 BROPHY, Lauren	East Stroudsburg	1:05.45	3 (3)
11 KRAYEE, Decontee	East Stroudsburg	1:05.49	3 (4)
12 WASHINGTON,	Virginia Wesleyan	1:06.07	4 (2)
13 COLLINS, Victoria	East Stroudsburg	1:06.48	3 (5)
14 HARTLEY, Melanie	Mansfield	1:07.05	2 (3)
15 HUGHES, Tiana	Virginia Wesleyan	1:07.60	2 (4)
16 VENTURA, Arianna	East Stroudsburg	1:07.80	4 (3)
17 KRULL, Hannah	Bluffton	1:08.25	4 (4)
18 WISDO, Tia	Ursinus	1:08.33	5 (1)
19 DICKERT, Olivia	Goucher	1:20.36	5 (2)
20 ALLIN, Leigh	Virginia Tech Running	1:23.80	5 (3)

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**#13 Women's 800 Meters**

#	Carnival	Time	H (PI)
\$	ODAC	2:07.32	
Pl	Name	Team	Time H (PI)
1	MACON, Allison	Mansfield	2:20.48 1 (1)
2	FONVIELLE, Catherine	Washington and Lee	2:21.90 1 (2)
3	O'NEIL, Taylor	Case Western	2:24.22 1 (3)
4	ARNOLD, Liliana	Washington and Lee	2:24.73 1 (4)
5	FAIRCHILD, Kelty	Misericordia	2:25.55 1 (5)
6	RICHARDSON, Malina	Unattached	2:25.57 2 (1)
7	BOLTON, Bianca	Misericordia	2:26.04 1 (6)
8	HAUVER, Maryellen	Bridgewater (Va.)	2:28.15 2 (2)
9	KILLMON, Bethany	Misericordia	2:29.02 1 (7)
10	TIAN, Ariel	Carnegie Mellon	2:30.00 1 (8)
11	MANN, Sarah	Shenandoah	2:30.27 2 (3)
12	DERENZO, Maria	Case Western	2:30.39 2 (4)
13	SCHIRCH, Juni	Eastern Mennonite	2:30.79 2 (5)
14	MATTHEWS, Victoria	East Stroudsburg	2:31.65 3 (1)
15	ROSS, Juliana	Case Western	2:31.79 1 (9)
16	MIYAGI, Marissa	Case Western	2:33.34 2 (6)
17	YOUNG, Emily	Bridgewater (Va.)	2:33.44 3 (2)
18	ESSABHOY, Shaheen	Carnegie Mellon	2:33.82 2 (7)
19	POLIVKA, Elena	Case Western	2:33.97 3 (3)
20	MAGGIACOMO, Taylor	Carnegie Mellon	2:34.16 4 (1)
21	MILLER, Devony	Bluffton	2:34.19 3 (4)
22	KELLY, Jenna	Ursinus	2:34.68 2 (8)
23	SNYDER, Krista	Ursinus	2:34.85 3 (5)
24	BRYANT, Haley	Carnegie Mellon	2:35.62 5 (1)
25	CRIST, Maria	Bridgewater (Va.)	2:35.85 2 (9)
26	WILLIAMS, Brittany	Eastern Mennonite	2:36.55 3 (6)
27	TALERMAN, Lily	Ursinus	2:37.39 3 (7)
28	SETTLES, Jessica	Virginia Tech Running	2:37.59 2 (10)
29	HAUKE, Alissa	Bluffton	2:37.65 3 (8)
30	HOFFMANN, Jennifer	Case Western	2:38.16 4 (2)
31	DUAN, Alice	Carnegie Mellon	2:38.29 6 (1)
32	ULAN, Ciera	Virginia Tech Running	2:39.16 4 (3)
33	MALPASS, Julia	Alvernia	2:39.44 3 (9)
34	BALLIET, Molly	Mansfield	2:39.56 4 (4)
35	TASCARELLA,	Goucher	2:40.09 4 (5)
36	ALLIN, Leigh	Virginia Tech Running	2:40.28 6 (2)
37	SANDERS, Bailey	Washington and Lee	2:41.82 4 (6)
38	LESNESKI, Alicia	Alvernia	2:42.87 4 (7)
39	RACHMACIEJ,	East Stroudsburg	2:43.37 5 (2)
40	HERRON, Atiyah	UNAT-West Virginia	2:44.71 2 (11)
41	LACHMAN, Becca	Virginia Tech Running	2:44.74 5 (3)
42	MORIN, Sarah	Mansfield	2:45.04 6 (3)
43	SIMPSON, Audrey	Ursinus	2:45.94 4 (8)
44	BUCHWALD, Natalya	Carnegie Mellon	2:45.96 5 (4)

**#13 Women's 800 Meters (cont'd)**

Pl	Name	Team	Time	H (PI)
45	BERG, Havah	Goucher	2:46.55	5 (5)
46	SMITH, Zoe	Virginia Tech Running	2:46.59	5 (6)
47	JOHNSON, Kelly	Goucher	2:46.85	6 (4)
48	BUNTING, Haley	Bridgewater (Va.)	2:47.52	6 (5)
49	BAMBERSKI,	Misericordia	2:47.93	4 (9)
50	SMITH, Aislynn	Shenandoah	2:48.54	3 (10)
51	MCGHEE, Kayla	Shenandoah	2:49.82	6 (6)
52	GILL, Autumn	Bridgewater (Va.)	2:50.21	5 (7)
53	BROWN, Christanna	Alvernia	2:50.85	4 (10)
54	KULLMANN, Katherine	Virginia Tech Running	2:52.20	5 (8)
55	ELLIS, Sloan	Washington and Lee	2:52.21	6 (7)
56	WARNER, Margot	Roanoke	2:54.35	6 (8)
57	FANELTY, Chloe	Virginia Tech Running	2:54.50	5 (9)
58	HOSTETTLER,	Bluffton	2:56.38	5 (10)
59	ROHL, Ayla	Mansfield	2:57.55	6 (9)
60	SNOUWAERT, Jessica	Goucher	3:06.97	6 (10)
61	FITZGERALD, Bethany	Alderson Broaddus	3:07.08	5 (11)
62	AURAND, Taylor	Bluffton	3:09.36	6 (11)
63	MACE, Taylor	Alderson Broaddus	3:09.37	5 (12)

**#5 Women's 1500 Meters**

#	Carnival	Time	H (PI)
\$	ODAC	4:32.83	
Pl	Name	Team	Time H (PI)
1	MACON, Allison	Mansfield	4:49.29 1 (1)
2	SEYBOLD, Margaret	Washington and Lee	4:55.07 1 (2)
3	MAGGIACOMO, Taylor	Carnegie Mellon	5:00.46 1 (3)
4	ZABRODSKY, Olivia	Case Western	5:01.06 1 (4)
5	ASHLEY, Caitlin	Roanoke	5:01.71 1 (5)
6	MCCURRY, Allison	Mansfield	5:01.84 1 (6)
7	HAUVER, Maryellen	Bridgewater (Va.)	5:02.62 2 (1)
8	ARNOLD, Liliana	Washington and Lee	5:02.75 1 (7)
9	TREADWAY, Taylor	Alderson Broaddus	5:03.39 2 (2)
10	HOFFMANN, Jennifer	Case Western	5:03.57 1 (8)
11	HILLIARD, Melanie	Mansfield	5:05.82 1 (9)
12	BRYANT, Haley	Carnegie Mellon	5:11.58 2 (3)
13	SCHIRCH, Juni	Eastern Mennonite	5:14.04 2 (4)
14	MANN, Sarah	Shenandoah	5:14.18 2 (5)
15	MIYAGI, Marissa	Case Western	5:15.04 1 (10)
16	BAUERLE, Melissa	Roanoke	5:17.33 2 (6)
17	ESSABHOY, Shaheen	Carnegie Mellon	5:17.97 4 (1)
18	WILLIAMS, Brittany	Eastern Mennonite	5:18.02 3 (1)
19	BALLIET, Molly	Mansfield	5:18.60 3 (2)
20	POLIVKA, Elena	Case Western	5:19.55 2 (7)
21	HAUKE, Alissa	Bluffton	5:20.46 2 (8)
22	BAUER, Ellen	Roanoke	5:22.22 3 (3)

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**#5 Women's 1500 Meters (cont'd)**

Pl	Name	Team	Time	H (Pl)
23	TALERMAN, Lily	Ursinus	5:23.33	3 (4)
24	MACKEY, Nicole	Mansfield	5:26.33	3 (5)
25	YOUNG, Emily	Bridgewater (Va.)	5:27.29	2 (9)
26	DUAN, Alice	Carnegie Mellon	5:28.33	5 (1)
27	TASCARELLA,	Goucher	5:28.55	3 (6)
28	BELBEY, Stephanie	East Stroudsburg	5:28.87	4 (2)
29	LEGARE, Nicole	Shenandoah	5:29.17	3 (7)
30	KULLMANN, Katherine	Virginia Tech Running	5:29.28	4 (3)
31	SANDERS, Bailey	Washington and Lee	5:29.66	4 (4)
32	BARTHOL, Jennifer	Roanoke	5:29.70	4 (5)
33	JOHNSON, Kelly	Goucher	5:30.56	5 (2)
34	MORIN, Sarah	Mansfield	5:31.60	3 (8)
35	BURNS, Allison	Virginia Tech Running	5:31.83	5 (3)
36	LACHMAN, Becca	Virginia Tech Running	5:31.93	4 (6)
37	RACHMACIEJ,	East Stroudsburg	5:33.45	4 (7)
38	MILLER, Devony	Bluffton	5:34.29	2 (10)
39	MACE, Taylor	Alderson Broaddus	5:36.51	4 (8)
40	ANDERSON, Kristina	Virginia Tech Running	5:38.06	3 (9)
41	SIMPSON, Audrey	Ursinus	5:44.91	3 (10)
42	O'TOOLE, Sydney	Virginia Tech Running	5:45.90	5 (4)
43	MCGHEE, Kayla	Shenandoah	5:53.20	5 (5)
44	BROWN, Christanna	Alvernia	5:56.14	4 (9)
45	GILL, Autumn	Bridgewater (Va.)	6:02.96	5 (6)
46	HOSTETTLER,	Bluffton	6:03.67	4 (10)
47	SYLVESTER, Hailey	Virginia Tech Running	6:06.33	5 (7)
48	AURAND, Taylor	Bluffton	6:19.16	5 (8)
49	MOON, Melanie	Bluffton	7:27.86	5 (9)

**#7 Women's 5000 Meters (cont'd)**

Pl	Name	Team	Time	H (Pl)
15	THOMAS, Brianna	East Stroudsburg	19:29.41	1 (15)
16	ENGEL, Riley	Ursinus	19:41.03	1 (16)
17	SCIBISZ, Allison	Carnegie Mellon	19:52.26	2 (1)
18	MARTIN, Ashleigh	Alderson Broaddus	19:58.04	1 (17)
19	JONES, Kenzie	Mansfield	19:59.33	2 (2)
20	DEBOER, Nora	Roanoke	20:03.17	1 (18)
21	GREENE, Lydia	Case Western	20:06.88	1 (19)
22	MILUSKI, Kristi	Washington and Lee	20:13.97	2 (3)
23	WHEELER, Laura	Case Western	20:14.43	1 (20)
24	QUINN, Erin	Bridgewater (Va.)	20:15.96	2 (4)
25	SNYDER, Kelly	Mansfield	20:24.49	2 (5)
26	HARTZ, Meredith	Misericordia	20:36.30	2 (6)
27	CAVANAGH, Sara	Mansfield	20:41.09	2 (7)
28	MCGUIRE, Haylee	Roanoke	20:42.71	2 (8)
29	ZAZZERO, Michelle	East Stroudsburg	20:44.76	1 (21)
30	ELDRIDGE, Mary	Eastern Mennonite	20:49.16	2 (9)
31	SMITH, Aislynn	Shenandoah	20:59.59	2 (10)
32	HATFIELD, Hollis	Virginia Tech Running	20:59.93	2 (11)
33	REA, Jenna	Bridgewater (Va.)	21:10.58	2 (12)
34	DONNELLY, Jordyn	Misericordia	21:21.02	2 (13)
35	KELSEY, Michelle	Bluffton	22:22.21	2 (14)
36	MOZHI, Dimple	Virginia Tech Running	22:31.98	2 (15)
37	LOAR, Rachel	Alvernia	22:48.60	2 (16)
38	WILSON, Alexis	Misericordia	24:47.86	2 (17)
39	HAUPT, Katelyn	Alderson Broaddus	25:16.96	2 (18)
	CRIST, Maria	Bridgewater (Va.)	DNF	2

**#7 Women's 5000 Meters**

#	Carnival	17:19.16		
\$	ODAC	16:48.60		
Pl	Name	Team	Time	H (Pl)
1	AAMOTH, Kelsey	Case Western	17:44.63	1 (1)
2	RUCKSTUHL, Kristen	Case Western	17:51.54	1 (2)
3	YATES, Samantha	Washington and Lee	18:03.25	1 (3)
4	BOLTON, Bianca	Misericordia	18:05.87	1 (4)
5	SNYDER, Elizabeth	Carnegie Mellon	18:08.91	1 (5)
6	RAGAZZO, Kira	Carnegie Mellon	18:41.29	1 (6)
7	LAVESON, Rachel	Case Western	18:49.91	1 (7)
8	TORRES-PADIN,	Case Western	19:02.63	1 (8)
9	MACAULEY, Paige	Virginia Tech Running	19:05.50	1 (9)
10	SMITH, Natalie	Carnegie Mellon	19:09.37	1 (10)
11	HAIRSTON, Anna	Bluffton	19:10.48	1 (11)
12	SETTLES, Jessica	Virginia Tech Running	19:11.85	1 (12)
13	BONARO, Kaitlin	Washington and Lee	19:22.88	1 (13)
14	MATTESON, Jennie	Bluffton	19:27.43	1 (14)

**#9 Women's 10000 Meters**

#	Carnival	35:58.00		
\$	ODAC	35:05.63		
Pl	Name	Team	Time	H (Pl)
1	DECKER, Allison	East Stroudsburg	36:52.95	
2	BREWER, Jenny	Alderson Broaddus	37:17.43	
3	MCMICHAEL, Kirsten	Washington and Lee	38:34.65	
4	CONOVER, Chelsea	East Stroudsburg	38:56.76	
5	YANOVIK, Kyria	Alderson Broaddus	39:00.94	
6	ALESHIRE, Ivy	West Virginia Tech	39:13.63	
7	SHRADER, Shelby	Shenandoah	39:51.01	
8	FEDERINKO, Emma	Misericordia	40:34.74	
9	AMRO, Jasmine	East Stroudsburg	41:02.20	
10	RILEY, Melanie	East Stroudsburg	41:31.39	
11	MALPASS, Julia	Alvernia	41:49.25	
12	ALPETER, Elaina	Bluffton	42:24.46	
13	LESNESKI, Alicia	Alvernia	43:49.27	
14	BORGHESE, Christina	East Stroudsburg	43:50.48	
15	CAPPIELLO, Jamie	Alvernia	45:11.69	

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## #9 Women's 10000 Meters (cont'd)

Pl	Name	Team	Time
16	PHILLIPS, Emma	Virginia Wesleyan	46:59.57

## #15 Women's 100m Hurdle

#	Carnival	14.15
\$	ODAC	14.70

Pl	Name	Team	Time	H (Pl)
1	HARSCH, Jaid	East Stroudsburg	16.33 (-1.3)	1 (1)
2	HINTON, Kaleigh	Washington and Lee	16.58 (-1.2)	2 (1)
3	DOUGLAS, Acacia	East Stroudsburg	16.63 (-1.2)	2 (2)
4	STUETZ, Kelley	East Stroudsburg	16.64 (-1.3)	1 (2)
5	BOWERS, Brittany	Shenandoah	17.19 (-0.1)	3 (1)
6	SNIDER, Jaymie	Alderson Broaddus	17.32 (-1.3)	1 (3)
7	VALKOS, Megan	Alderson Broaddus	17.32 (-1.3)	1 (3)
8	FORTNER, Rebecca	Carnegie Mellon	17.33 (-1.3)	1 (5)
9	WILLIAMS, Laura	Goucher	17.75 (-1.2)	2 (3)
10	FARBER, Sommer	Carnegie Mellon	17.84 (-1.3)	1 (6)
11	HARKER, Emily	Case Western	17.95 (-0.1)	3 (2)
12	BUCKLEY, Caroline	Ursinus	18.35 (-0.1)	3 (3)
13	HEEBNER, Maryellen	Case Western	18.42 (-1.2)	2 (4)
14	DZIK, Rachael	Alvernia	19.07 (-0.1)	3 (4)
15	BROWN, Erin	Alderson Broaddus	19.46 (-1.2)	2 (5)
16	CARROLL, Shannon	Case Western	19.75 (-1.2)	2 (6)
17	COVERTON, Alexis	Virginia Wesleyan	21.03 (-0.1)	3 (5)

## #21 Women's 400m Hurdle

#	Carnival	1:02.45
\$	ODAC	1:01.94

Pl	Name	Team	Time	H (Pl)
1	HINTON, Kaleigh	Washington and Lee	1:07.86	1 (1)
2	STUETZ, Kelley	East Stroudsburg	1:08.19	1 (2)
3	CIRIELLO, Rose	Carnegie Mellon	1:10.93	1 (3)
4	WOOTEN, Jasmine	East Stroudsburg	1:13.85	2 (1)
5	GRANGER, Danielle	Goucher	1:14.74	2 (2)
6	KLOSTER, Marie-	Case Western	1:14.88	2 (3)
7	BROWN, Erin	Alderson Broaddus	1:15.68	1 (4)
8	BLESSINGTON,	Alvernia	1:16.94	2 (4)
9	HARSCH, Jaid	East Stroudsburg	1:23.17	1 (5)
10	BAUKMAN, Corryn	Alvernia	1:24.85	2 (5)

## #3 Women's 3000m Steeple

#	Carnival	10:38.73
\$	ODAC	10:57.34

Pl	Name	Team	Time
1	KULPINS, Danielle	Case Western	11:17.91
2	HAIL, Evy	Case Western	11:36.76
3	MACAULEY, Paige	Virginia Tech Running	11:48.74
4	EDGEMOND, Amy	Virginia Tech Running	12:09.05
5	BROOKS, Claire	UNAT-Roanoke	12:11.21
6	SURFACE, Hannah	Alderson Broaddus	12:17.91
7	KILLMON, Bethany	Misericordia	12:18.20
8	ERICKSON, Kate	Case Western	12:28.03
9	PLUNKETT, Claire	Case Western	12:37.24
10	SEAY, Sierra	West Virginia Tech	15:39.34

## #11 Women's 4 x 100m Relay

#	Carnival	47.93
\$	ODAC	46.54

Pl	Team	Time	H (Pl)
1	Roanoke (A)	50.14	1 (1)
	1) DAVIGNON, Mackenzie		
	2) MEADOWS, Melanie		
	3) MACDOUGALL, Brynn		
	4) JANNEY, Alexis		
2	East Stroudsburg (A)	50.43	1 (2)
	1) BARSZOWSKI, Alyx		
	2) FARRAR, Kiana		
	3) MASON, Joanne		
	4) FLIM, Marissa		
3	Carnegie Mellon (A)	50.96	1 (3)
	1) JAMES, Jerilyn		
	2) COOK, Sarah		
	3) HAIR, Autumn		
	4) BHANJA, Debarati		
4	Virginia Wesleyan (A)	51.02	1 (4)
	1) MILLS, Shakira		
	2) DOLLINS, Alizae		
	3) HUGHES, Tiana		
	4) LENNON, Tiffany		
5	Goucher (A)	51.47	2 (1)
	1) BELIN, Maya		
	2) WELCH, Monique		
	3) GRANGER, Danielle		
	4) SMITH, Kamillah		
6	Alvernia (A)	52.32	2 (2)
	1) WANNER, Heather		
	2) STOLTZFUS, Ashley		
	3) CALLUENG, Lauren		
	4) MCNAMEE, Kayla		
7	Case Western (A)	52.49	1 (5)
	1) NEWMAN, Olivia		
	2) HARKER, Emily		
	3) CARROLL, Shannon		
	4) BRAGA, Skylar		
8	Alderson Broaddus (A)	53.55	2 (3)
	1) ADAMSKI, Rachel		
	2) DEGRAEF, Demi		
	3) VALKOS, Megan		
	4) BROWN, Erin		
9	Bluffton (A)	54.58	2 (4)
	1) WARLICK, Keturah		
	2) HUNTER, Sarah		
	3) KRULL, Hannah		
	4) SCHIEFER, Kristin		
	Washington and Lee (A)	DQ	1

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**RESULTS****#11 Women's 4 x 100m Relay (cont'd)**

PI Team	Time	H (PI)
1) PEACOCK, Alison	2) UNGRADY, Molly	
3) FARRONI, Kara	4) ROSENWASSER, Jessica	

**#1 Women's 4 x 400m Relay**

# Carnival	3:52.31
\$ ODAC	3:50.12

PI Team	Time	H (PI)
1 Carnegie Mellon (A)	4:02.61	1 (1)
1) BHANJA, Debarati	2) TIAN, Ariel	
3) CIRIELLO, Rose	4) COOK, Sarah	
2 East Stroudsburg (A)	4:02.70	1 (2)
1) HARSCH, Jaid	2) DEAN, Leiana	
3) MATTHEWS, Victoria	4) STUETZ, Kelley	
3 Virginia Wesleyan (A)	4:05.99	1 (3)
1) HUGHES, Tiana	2) WILLIS, Alyssa	
3) COOMBS, Marissa	4) LENNON, Tiffany	
4 Case Western (A)	4:06.94	1 (4)
1) CASALNOVA, Abby	2) DERENZO, Maria	
3) O'NEIL, Taylor	4) NEWMAN, Olivia	
5 East Stroudsburg (B)	4:07.78	1 (5)
1) KRAYEE, Decontee	2) FARRAR, Kiana	
3) COLLINS, Victoria	4) BROPHY, Lauren	
6 Washington and Lee (A)	4:09.38	1 (6)
1) FARRONI, Kara	2) HINTON, Kaleigh	
3) ROSENWASSER, Jessica	4) FONVIELLE, Catherine	
7 Case Western (B)	4:16.88	2 (1)
1) KLEIN, Haylie	2) KLOSTER, Marie-Louise	
3) ROSS, Juliana	4) MIYAGI, Marissa	
8 Alvernia (A)	4:19.00	2 (2)
1) WANNER, Heather	2) MCNAMEE, Kayla	
3) BLESSINGTON, Alanna	4) STOLTZFUS, Ashley	
9 Alderson Broaddus (A)	4:19.91	2 (3)
1) DEGRAEF, Demi	2) ADAMSKI, Rachel	
3) VALKOS, Megan	4) BROWN, Erin	
10 Carnegie Mellon (B)	4:32.48	2 (4)
1) JAMES, Jerilyn	2) SWANSON, Emily	
3) BUCHWALD, Natalya	4) FARBER, Sommer	

**#25 Women's 4 x 800m Relay**

# Carnival	9:40.81
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PI Team	Time
1 Case Western (A)	10:36.60
1) DERENZO, Maria	2) ROSS, Juliana
3) POLIVKA, Elena	4) O'NEIL, Taylor
2 Virginia Tech Running Club (A)	11:45.02

**#25 Women's 4 x 800m Relay (cont'd)**

PI Team	Time
1) KULLMANN, Katherine	2) PHANDINH, Rachel
3) BROWN, Isabelle	4) BURNS, Allison

**#30 Women's High Jump**

# Carnival	1.72m
\$ ODAC	1.73m

PI Name	Team	Mark
1J MATTHEWS, Victoria	East Stroudsburg	1.61m
2J GRAY, Sara	Alvernia	1.61m
3J GREGAS, Carly	East Stroudsburg	1.56m
4J TAYLOR, Rolonda	Virginia Wesleyan	1.56m
5J COLLINS, Victoria	East Stroudsburg	1.56m
5J ALLEN, Tessa	Carnegie Mellon	1.56m
7J HARKER, Emily	Case Western	1.56m
8J FORTNER, Rebecca	Carnegie Mellon	1.56m
9 REYNOLDS, Delaney	Alvernia	1.51m
10 KLEBER, Maggie	Washington and Lee	1.51m
11 CARBAUGH, Jenna	East Stroudsburg	1.46m
12 FLORA, Kate	Bridgewater (Va.)	1.41m
12 SNYDER, Krista	Ursinus	1.41m
12 SNOW, Kimberly	Ursinus	1.41m
15 SCHIEFER, Kristin	Bluffton	1.41m
16 WILLIAMS, Laura	Goucher	1.36m
16 DZIK, Rachael	Alvernia	1.36m
18 BOWERS, Brittany	Shenandoah	1.36m
COVERTON, Alexis	Virginia Wesleyan	NH
ADAMS, Courtney	Bridgewater (Va.)	NH

**#34 Women's Long Jump**

# Carnival	5.54m
\$ ODAC	5.94m

PI Name	Team	Mark	F (PI)
1 LEE, Dana	Washington and Lee	# 5.68m	3 (1)
2 TAYLOR, Rolonda	Virginia Wesleyan	5.39m (+2.6)	3 (2)
3 MEADOR, Tye	Bridgewater (Va.)	5.38m (+2.2)	3 (3)
4 SNYDER, Krista	Ursinus	5.21m (NW)	3 (4)
5 DAVIGNON, Mackenzie	Roanoke	5.20m (+3.4)	3 (5)
6 HAIR, Autumn	Carnegie Mellon	4.99m (+2.0)	3 (6)
7 DOLLINS, Alizae	Virginia Wesleyan	4.96m (+0.1)	1 (1)
8 KLEBER, Maggie	Washington and Lee	4.93m (+0.9)	2 (1)
9 WILLIS, Alyssa	Virginia Wesleyan	4.86m (+3.6)	3 (7)
10 ALLEN, Tessa	Carnegie Mellon	4.84m (+2.1)	3 (8)
11 BRAGA, Skylar	Case Western	4.82m (+2.3)	3 (9)
12 MASON, Joanne	East Stroudsburg	4.80m (+1.4)	2 (2)
13 BHANJA, Debarati	Carnegie Mellon	4.73m (+3.5)	3 (10)
14 VALKOS, Megan	Alderson Broaddus	4.72m (+3.5)	2 (3)

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**RESULTS****#34 Women's Long Jump (cont'd)**

PI Name	Team	Mark	F (PI)
15 JAMES, Jerilyn	Carnegie Mellon	4.59m (+2.4)	1 (2)
15 WILLIAMS, Laura	Goucher	4.59m (+1.0)	1 (2)
17 WILLARD, Rachel	Case Western	4.49m (NW)	2 (4)
18 PITTMAN, Liz	Virginia Tech Running	4.48m (+0.4)	1 (4)
18 BOWERS, Brittany	Shenandoah	4.48m (+0.8)	2 (5)
20 DIXON, Ayanna	Shenandoah	4.47m (+1.1)	2 (6)
21 COVERTON, Alexis	Virginia Wesleyan	4.45m (-0.2)	2 (7)
22 DZIK, Rachael	Alvernia	4.42m (+0.2)	2 (8)
23 MAHON, Hannah	Carnegie Mellon	4.36m (+3.6)	1 (5)
24 CALLUENG, Lauren	Alvernia	4.33m (+0.9)	2 (9)
25 BUCKLEY, Caroline	Ursinus	4.27m (+1.7)	1 (6)
26 LEGER, Noreen	Alvernia	4.18m (+2.5)	1 (7)
27 KRULL, Hannah	Bluffton	4.08m (+0.5)	1 (8)
28 ULAN, Ciera	Virginia Tech Running	3.42m (+0.7)	1 (9)
29 SYLVESTER, Hailey LEYDEN, Ashley	Virginia Tech Running Case Western	3.25m (+2.4) NM	1 (10) 2

**#38 Women's Shot Put**

PI Name	Team	Mark	F (PI)
# Carnival		13.26m	
\$ ODAC		13.60m	
1 YATES, Michelle	Virginia Wesleyan	11.33m	2 (1)
2 LAIOS, Cassandra	Case Western	10.62m	2 (2)
3 HOHENWARTER,	Mansfield	10.51m	2 (3)
4 HILLER, Monica	Case Western	10.48m	2 (4)
5 DAYRINGER, Meghan	Case Western	10.44m	2 (5)
6 MCGRADY, Danyelle	Shenandoah	10.33m	2 (6)
7 ALLEN, Laura	Shenandoah	10.30m	2 (7)
8 PRICE, Mikhaylan	Case Western	10.17m	2 (8)
9 WHITE, Clarissa	Eastern Mennonite	10.11m	1 (1)
10 WHELAN, Kimberly	Alvernia	10.03m	2 (9)
11 THOMAS, Tia	Alvernia	9.81m	2 (10)
12 REESE, D'Nae	Bluffton	9.79m	2 (11)
13 NWANKWO, Oluchi	Carnegie Mellon	9.75m	2 (12)
14 HUDSON, Kelsey	Alderson Broaddus	9.69m	2 (13)
15 BURNS, Nikki	Virginia Wesleyan	9.63m	2 (14)
16 SENGER, Katelyn	Bridgewater (Va.)	9.59m	2 (15)
17 FERGUSON, Chloe	Bridgewater (Va.)	9.48m	1 (2)
18 GLOVER, Hannah	Shenandoah	9.37m	1 (3)
19 DELONG, Maelinn	Bluffton	9.16m	1 (4)
20 DOSS, Toni	Eastern Mennonite	8.97m	1 (5)
21 GUPTA, Nimi	Case Western	8.60m	1 (6)
22 WISE, Samantha	Misericordia	8.51m	1 (7)
23 CHUC, Kiersten	Carnegie Mellon	7.83m	1 (8)
24 BAIR, Carly	Carnegie Mellon	7.73m	1 (9)
25 SLAUGHTER, Jessica	Alderson Broaddus	7.44m	1 (10)

**#38 Women's Shot Put (cont'd)**

PI Name	Team	Mark	F (PI)
26 BOWERS, Brittany	Shenandoah	7.43m	1 (11)
27 BORDONARO, Mikaela	Ursinus	7.30m	1 (12)
28 CORBITT, Chloe	Alderson Broaddus	7.19m	1 (13)
29 CAMPBELL, Briana	Ursinus	6.80m	1 (14)
30 HAYNES, Morgan	Bluffton	6.26m	1 (15)

**#40 Women's Discus**

PI Name	Team	Mark	F (PI)
# Carnival		42.79m	
\$ ODAC		41.32m	
1 SENGER, Katelyn	Bridgewater (Va.)	37.64m	2 (1)
2 LAIOS, Cassandra	Case Western	34.65m	2 (2)
3 ALLEN, Laura	Shenandoah	33.41m	2 (3)
4 PRICE, Mikhaylan	Case Western	33.18m	1 (1)
5 GLOVER, Hannah	Shenandoah	32.80m	2 (4)
6 MCGRADY, Danyelle	Shenandoah	32.15m	2 (5)
7 GUERRIERI, Kayla	Alvernia	32.13m	2 (6)
8 CHUC, Kiersten	Carnegie Mellon	30.61m	2 (7)
9 BRINSON, Breaonna	East Stroudsburg	30.37m	2 (8)
10 GUPTA, Nimi	Case Western	29.27m	2 (9)
11 DELONG, Maelinn	Bluffton	28.79m	1 (2)
12 DAYRINGER, Meghan	Case Western	28.52m	1 (3)
13 REESE, D'Nae	Bluffton	28.00m	2 (10)
14 BORG, Rebecca	Eastern Mennonite	27.87m	2 (11)
15 WHELAN, Kimberly	Alvernia	27.62m	2 (12)
16 THOMAS, Tia	Alvernia	27.58m	1 (4)
17 WISE, Samantha	Misericordia	27.45m	1 (5)
18 WHITE, Clarissa	Eastern Mennonite	27.34m	2 (13)
19 BAIR, Carly	Carnegie Mellon	24.81m	1 (6)
20 FERGUSON, Chloe	Bridgewater (Va.)	24.38m	1 (7)
21 NWANKWO, Oluchi	Carnegie Mellon	23.42m	2 (14)
22 BARANKO, Monica	Shenandoah	23.09m	1 (8)
23 BURNS, Nikki	Virginia Wesleyan	23.07m	1 (9)
24 YATES, Michelle	Virginia Wesleyan	22.92m	1 (10)
25 HUDSON, Kelsey	Alderson Broaddus	22.50m	2 (15)
26 DOSS, Toni	Eastern Mennonite	21.37m	1 (11)
27 CORBITT, Chloe	Alderson Broaddus	20.98m	1 (12)
28 PERSONIUS, Maryann	Mansfield	19.59m	1 (13)
29 TUDJA, Maura	Bridgewater (Va.)	18.67m	1 (14)
30 THOMPSON, Katie SLAUGHTER, Jessica	Goucher Alderson Broaddus	18.45m NM	1 (15) 2

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## RESULTS

### #42 Women's Hammer

# Carnival	48.91m		
\$ ODAC	50.69m		
PI Name	Team	Mark	F (PI)
1 MCGRADY, Danyelle	Shenandoah	45.10m	2 (1)
2 SMITH, Morgan	Shenandoah	41.63m	2 (2)
3 REESE, D'Nae	Bluffton	41.28m	2 (3)
4 SENGER, Katelyn	Bridgewater (Va.)	39.96m	2 (4)
5 COLLINS, Rachael	Case Western	39.50m	2 (5)
6 HILLER, Monica	Case Western	38.04m	2 (6)
7 GUPTA, Nimi	Case Western	37.85m	1 (1)
8 PRICE, Mikhaylan	Case Western	34.12m	2 (7)
9 HUDSON, Kelsey	Alderson Broaddus	33.21m	1 (2)
10 HOHENWARTER,	Mansfield	32.96m	2 (8)
11 LAIOS, Cassandra	Case Western	32.63m	1 (3)
12 CHUC, Kiersten	Carnegie Mellon	32.62m	2 (9)
13 GLOVER, Hannah	Shenandoah	31.29m	2 (10)
14 GUERRIERI, Kayla	Alvernia	30.98m	2 (11)
15 PERSONIUS, Maryann	Mansfield	30.86m	2 (12)
16 LAYTON, Skyler	Shenandoah	29.87m	1 (4)
17 SLAUGHTER, Jessica	Alderson Broaddus	29.72m	2 (13)
18 ALLEN, Laura	Shenandoah	28.98m	2 (14)
19 YATES, Michelle	Virginia Wesleyan	27.39m	1 (5)
20 NWANKWO, Oluchi	Carnegie Mellon	27.25m	1 (6)
21 DAYRINGER, Meghan	Case Western	25.27m	1 (7)
22 THOMAS, Tia	Alvernia	23.63m	2 (15)
23 BARANKO, Monica	Shenandoah	23.32m	2 (16)
24 TUDJA, Maura	Bridgewater (Va.)	23.15m	1 (8)
25 CORBITT, Chloe	Alderson Broaddus	22.83m	1 (9)
26 DOSS, Toni	Eastern Mennonite	22.65m	1 (10)
27 WHITE, Clarissa	Eastern Mennonite	21.16m	1 (11)

### #44 Women's Javelin

# Carnival	42.66m		
\$ ODAC	42.44m		
PI Name	Team	Mark	F (PI)
1 WATKINS, Taylor	East Stroudsburg	37.80m	2 (1)
2 BURNS, Nikki	Virginia Wesleyan	36.45m	2 (2)
3 MCGRADY, Danyelle	Shenandoah	35.59m	2 (3)
4 CARLSEN, Kelsey	Mansfield	35.50m	2 (4)
5 MARTH, Hannah	East Stroudsburg	35.34m	2 (5)
6 ADAMSKI, Rachel	Alderson Broaddus	31.22m	2 (6)
7 BARRIERO, Alexa	Carnegie Mellon	30.91m	2 (7)
8 BARANKO, Monica	Shenandoah	27.99m	2 (8)
9 MEADOWS, Alana	Shenandoah	25.22m	2 (9)
10 HARGREAVES, Brooke	Shenandoah	24.07m	1 (1)
11 SHEA, Meredith	Case Western	23.37m	1 (2)
12 THOMPSON, Katie	Goucher	21.46m	1 (3)

### #44 Women's Javelin (cont'd)

PI Name	Team	Mark	F (PI)
13 HUDSON, Kelsey	Alderson Broaddus	16.80m	1 (4)
14 YATES, Michelle	Virginia Wesleyan	16.57m	1 (5)
15 SLAUGHTER, Jessica	Alderson Broaddus	16.27m	1 (6)
16 LAYTON, Skyler	Shenandoah	15.41m	1 (7)
17 CORBITT, Chloe	Alderson Broaddus	14.36m	1 (8)
WISE, Samantha	Misericordia	NM	2
COLLINS, Rachael	Case Western	NM	2